Shadow the Scene · Reto 10 · Kendall Jenner

Reto Linking sounds

Cómo hacerlo

Escoge **6 de las 13 oraciones** de la escena y graba un video de máximo 2 minutos donde se vea tu cara y tu boca leyéndolas.

Postea tu video en el **feed de la comunidad** con el hashtag **#ChallengeCalientaMotores**

💬 Al publicar tu video en la comunidad, vas a **recibir feedback** para seguir mejorando.

Qué grabar

1. Escoge **6 oraciones** de la lista.
2. Lee cada una **1 vez**, imitando el ritmo y la entonación de la escena.

Las oraciones

	Oración
1	**I love working on myself.**
2	**It is actually, like, a passion of mine,**
3	**and I find so much comfort and joy**
4	**in actually finding where I think I could better myself,**
5	**even if it's physical, like physical as in, like, my physical health or**
6	**working out or I just started doing cold plunges and ice baths.**
7	**Even if I don't have the time to go outside,**
8	**I just got a cold plunge. I did it right before I got here.**
9	**The whole thing of it is all mental, so...**
10	**I don't know, just stuff like that I really love, so I'm always**
11	**I'm always trying to just... be the best version of me,**
12	**and so I just love that. It actually makes me feel really good.**
13	**I love self-care, and I just love stuff like that.**